# SHEMERDNA SHEEP 

A program for children and adults with mental and physical disabilities.


## Shepherding Sheep

The Shepherding Sheep Program at Camp Wartburg is an experience designed to get children a nd adults with disabilities outdoors and in an environment of interaction with others. Camp Wartburg's partic ipant to counselor ratio is one-to-one or one-to-two staff/volunteers per child/adult.

Camp Wartburg is a wonderful environment, which enablescampers to be themselves, enjoy the outdoors, and partic ipate in fun activities. There is foc used attention on the individual, which makes them feel special for the time they are at Camp.

Our key focus is providing your child/adult with a one-of-a-kind adventure. Each day is filled with swimming, archery, canoeing, fishing, hiking, and other activities, all tailored to meet the needs of your participant.

## Frequently Asked Questions

What ages does your program serve?
Our age range is from 10 to 65 , with a wide a rray of abilities.
Where are you located?
We are in Waterloo, IL, less than 45 minutes from St. Louis.
Are you a day or ovemight program?
O ur program is ovemight, running multiple days and nights. We offer two sessions (MondayWednesday a nd Wednesday-Friday). The program cost is $\$ 500$.


## Participants must be able to:

1. Feed themselves (with assistance needed forfood prep at a minimum).
2. Bathe themselves with minimal a ssistance.
3. Spend the night in a cabin with other partic ipants and staff.
4. Get around independently; however, Camp can accommodate wheelchairs, walkers, and other assistive devices. (Partic ipants spend the majority of their time at Camp walking - please consider this before applying.)
5. Get a long well with others. Hitting of other partic ipants is not tolerated.
6. Take their med ic ations with minimal a ssista nce. Crushing of meds is provided, if needed.

