

# **Shepherding Sheep**

The Shepherding Sheep Program at Camp Wartburg is an experience designed to get children and adults with disabilities outdoors and in an environment of interaction with others. Camp Wartburg's participant to counselor ratio is one-to-one or one-to-two staff/volunteers per child/adult.

Camp Wartburg is a wonderful environment, which enables campers to be themselves, enjoy the outdoors, and participate in fun activities. There is focused attention on the individual, which makes them feel special for the time they are at Camp.

Our key focus is providing your child/adult with a one-of-a-kind adventure. Each day is filled with swimming, archery, canoeing, fishing, hiking, and other activities, all tailored to meet the needs of your participant.

## **Frequently Asked Questions**

#### What ages does your program serve?

Our age range is from 10 to 65, with a wide array of abilities.

#### Where are you located?

We are in Waterloo, IL, less than 45 minutes from St. Louis.

#### Are you a day or overnight program?

Our program is overnight, running five days and four nights. The program cost is \$500.



### Participants must be able to:

- 1. Feed themselves (with assistance needed for food prep at a minimum).
- 2. Bathe themselves with minimal assistance.
- 3. Spend the night in a cabin with other participants and staff.
- 4. Get around independently; however, Camp can accommodate wheelchairs, walkers, and other assistive devices. (Participants spend the majority of their time at Camp walking please consider this before applying.)
- 5. Get along well with others. Hitting of other participants is not tolerated.
- 6. Take their medications with minimal assistance. Crushing of meds is provided, if needed.







